

information.

Look inside for details on when BEST Soccer is coming to your town. Space is limited, so do not delay in sending in your registration form. Check www.bestsoccertraining.com for more

Each daily session includes foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Skills are learned through passive then active pressure and then perfected with a game related activity. Players are challenged each and every session. All this is accomplished while still promoting sportsmanship and fun!

BEST Soccer provides players with superior soccer instruction from mature, experienced, licensed British coaches. In England, most of the coaches are teachers, semi-pro footballers, or full-time academy coaches. Each member of our staff must hold the Union of European Football Association license (UEFA) or the NSCAA equivalent. Our coaches have the knowledge and skill to adapt our coaching curriculum to all ages and soccer abilities. They work with children year round. Our staff uses innovative training techniques to motivate players to perform above their expectations.



BEST

BEST Soccer
77 Ruggles St.


Westborough, MA 01581

Learn From The BEST!

www.bestsoccertraining.com


Program Descriptions

(See your Town Information above for programs available in your community)

U4 (ages 3 & 4)  A friendly, fun, stimulating introduction to dribbling, stopping and controlling the ball. This is a real confidence builder for your little soccer player!


U6 (ages 5&6)  Learn the basics of soccer by way of fun games, small-sided play, and challenging skill-building activities.

U8 (ages 7&8)  Improve fundamental skills-control, passing, dribbling, shooting, and heading-by way of small-sided play, passive play/pressure, and fun games.

U10 (ages 9 & 10)  Advanced fundamentals which are placed into game-like situations. Featuring technical and tactical practices in match related environments.

U12 and above (ages 12 to 18)  Players are challenged to learn technical and tactical aspects of the game. Field positions, creating space, and technique under pressure are taught by way of conditioned games

Pre-Season Team Training  Get an edge on your competition! Customized program focusing on attacking and defending as a unit. Players will learn how to change the pace of the game through set pieces, support play, creating space, penetrating runs, weak side runs and pattern play, and finishing, by way of game situations.

Goalkeeper Training (U10 and above)  Specialized training for experienced goalies or for players who want to become a goalie. Learn the following skills: diving, highballs, stance, shot stopping, throwing and kicking distribution, reading the attack, organizing

the defense, breakaway saves, and narrowing angles.

BEST Training Registration (complete and return with payment to your coordinator listed in Town Information)

Name Date of Birth Age Gender

Address

City State Zip

Parent/Guardian Name

E-mail Address

Home Phone Work Phone Cell Phone

Physician Physician Phone

Allergies or Medical Conditions (if any)

Emergency Contact Phone #

(Attach any pertinent medical records where applicable)

This release is made to allow my child to participate in BEST English Soccer Training. I recognize that my signature on this release is a condition of your permitting my child to participate. I agree that you may photograph and/or videotape my child during training and that you retain the rights to use these visual images in any manner you wish without compensation to my child. I certify that my child is in excellent physical health, and may participate in strenuous and hazardous physical activities, including the soccer to be played at training sessions. I certify that there are no physical limits to my child's participation in training. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge BEST and all their affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and/or other loss suffered by my child in connection with his/her participation during training. I represent that I am a parent/guardian of the minor named above and I agree that the grant and release contained therein binds me and the minor to its terms.

Parent/Guardian Signature Date

Size



Youth Large (YL) Adult Small (AS)

Youth Small (YS) Adult Medium (AM)

Youth Medium (YM) Adult Ex. Large (AXL)

Adult Large (AL)

Size



3 (5-7 yrs.)

5 (12 + yrs.)

4 (8-11 yrs.)

We are interested in hosting a coach.

Payment Check Number Amount